## Registration

Cost: The cost for the retreat is \$100.00 per person. This includes lodging, dinner on Friday night, and breakfast and lunch on Saturday (please bring your own sheets and/or sleeping bag and towel).

Registration: Register online at www.spres.org or by scanning the QR code below.

Please submit your online registration and payment of \$100.00 to the church by Friday, November 1. Payment can be made through the church website (www.spres.org/give/give-now/) or by PayPal, Venmo, check, or cash. \*Note "Gals' Gathering" in the memo line.

Scan the QR code to register today!



## REGISTRATION / PAYMENT DUE DATE IS FRIDAY, NOVEMBER 1.

Financial assistance is available if needed.

Contact Chasity Titzpatrick: iamblessed3@cox.net | 540-525-6569

## About the Speaker...



#### Hannah R. Anderson

is an author and Bible teacher from the Blue Ridge Mountains of Virginia whose writing considers God's revelation in both nature and Scripture. Her books include Heaven and Nature Sing and Turning of Days: Lessons from Nature, Season, and Spirit. Hannah is also at Duke Divinity School where she studies the intersection of art and theology.



Join us for the 21st Annual

## Gals' Gathering



November 15–16, 2024 (Friday-Saturday)

Alta Mons Camp and Retreat Center Shawsville, Virginia

# Gals' Gathering



This is a special overnight event for women in our church to grow closer to one another and closer to God through study, conversation, crafts, and shared meals. The theme this year is "Humble Roots."

The retreat begins at 4:00 p.m. Friday afternoon with crafts and snacks. Dinner is served around 6:00 p.m. We have an evening session and music planned for Friday night.

On Saturday morning, we enjoy breakfast and a couple sessions in our small groups. A worship service with communion is included, and lunch follows thereafter. The retreat typically ends around 2:00 p.m.

The cost for the retreat is \$100.00 per person. This includes lodging, dinner on Friday night, and breakfast and lunch on Saturday.

Many of the women in our church have said this is one of their favorite events during the year. We would love for you to be a part of it with us!

Alta Mons Camp + Retreat Center of Shawsville, VA is the outdoor ministry of the Valley Ridge District of the United Methodist Church. The center provides space for others to experience God through its outdoor ministry.

Lodging: The Burrows Retreat Center features 24 bedrooms with shared bathrooms and an upper and lower level meeting room, all with individually controlled AC/Heat. Bedrooms come with blankets and pillows only; please bring your own sheets and/or sleeping bag and towel. A beautiful deck with rocking chairs is right off the upper level meeting room. The building also has wireless internet and accommodates up to 52 people.

#### Directions:

Alta Mons Camp and Retreat Center 2842 Crockett Springs Road Shawsville, VA 24162

#### FROM I-81 S:

- 1. Take Exit 132 at Dixie Caverns onto Route 11/460 towards Shawsville.
- 2. After approximately 8 miles, turn left onto Alleghany Spring Road (Route 637).
- 3. Camp Alta Mons is approximately six miles on the right.

### Humble Roots

Guest Speaker: Hannah Anderson Scripture: Matthew 11:28

Throughout our weekend together we'll explore our theme and reflect on Jesus' words from Matthew 11:28:

"Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest."

Come learn humility from the lilies of the field and from the One who is humility Himself. Remember who you are and who you are not, and rediscover the rest that comes from belonging to Him.

Burrows Retreat Center





Room with two single beds.